

# Enrolling in Bloom

## 4 EASY STEPS



Scan to enroll through your Medical Mutual plan at no additional cost.



[join.hibloom.com/MedMutual](https://join.hibloom.com/MedMutual)

Meet virtually with a Pelvic Health Specialist who will develop a program catered to your specific needs.

Receive the Bloom kit including the intravaginal pod and connect to the mobile app.

Complete pelvic care sessions at home at your convenience. See real-time results. Your Specialist will track progress and provide 1-1 support.

**Bloom is available at no additional cost to all US-based Medical Mutual members and covered dependents who are age 18+ with vaginal anatomy regardless of gender identity as part of Medical Mutual's Chronic Condition Management Program.**