

HCAC MEETING SUMMARY

October 19, 2023

The September meeting summary was distributed to the committee for review and accepted with no changes.

Medical

Dave Barchet from USI presented monthly financial and utilization reviews to the committee members through September 31, 2023. He provided an executive summary for the medical and pharmacy claims for the past twenty-four months, gross medical and prescription drug claims, large claims summary along with network savings across all MMO plans.

Delta Dental provided a renewal for 1.1.2024 which included no rate increase. Renewal for 1.1.2025 will include a 7% rate cap. There are no plan changes.

Medical Mutual of Ohio

A fall/winter newsletter was be distributed by MMO to participants in Mid-November. This newsletters content will include Cold Vs. flu vs. Covid 19. Winter is Here topic which will include the prevention of falls outside and inside your home, and digital literacy.

MMO partnered with Conduit Health and Dispatch Health to provide at-home acute urgent care. Claims will process as urgent care claims and pay to plan design benefits. Mailing will be sent to members in December and to select zip codes in Ohio where this program in available.

Lark Health Campaign supports members to accomplish their health goals, in weight loss, reducing stress, being more active and getting more sleep. Outreach set to target previously targeted member s and new candidates.

Strive Health provides services to members with a qualifying chronic renal disease. Program costs range from \$200 to \$400 per engaged member per month. More information regarding cost will be presented at the next HCAC meeting.

Wellness

Battle of the Birds Challenge began with Miami University on September 12 and ending October 10, 2023. YSU is the winner. T-shirt sizes will be collected and once available will be ready for pick up in the HR office. Thank you for everyone's participation.

A new portal for wellness was selected and will be in place for January 2024. The new portal vendor is Medikeeper.

Health Screening will be available October 4 and October 16 from 8am to 3pm. Flu shots were available with no appointment necessary. We had a total of 168 participants between the two-day event.

The 2023 incentive program will end November 10, 2023, make sure to add all points by 5pm on November 10, 2023.

February 15, 2023 Amendment to October 19, 2023 Meeting Minutes:

At the October 19, 2023 meeting, a motion was made to record and transcribe the meeting minutes. The motion was approved.

At the February 15, 2023 meeting, a motion was made and approved to amend the October 19, 2023 meeting summary to reflect the above.