

HCAC MEETING SUMMARY

September 21, 2023

The April meeting minutes were distributed to the committee for review and accepted with no changes.

Medical

Dave Barchet from USI presented monthly financial and utilization reviews to the committee members through August 31, 2023. He provided an executive summary for the medical and pharmacy claims for the past twenty-four months, gross medical and prescription drug claims, large claims summary along with network savings across all MMO plans.

For the upcoming FY24 HCAC meetings, Dave will begin to include utilization report that are specific to YSU enrollees. This information will provide more awareness to the committee about the enrollment demographics, chronic diseases, prescription costs and prevalence.

New IRS regulations were provided regarding the 2024 Health Savings Limits. For 2024 Self-Only coverage will be limited at \$4,150 and family coverage \$8,300.

YSU's consumer Driven Health Plan will require an increase in the deductible and out of pockets amounts amount effective 7/2024 to adhere to new IRS regulations. More information will be provided over the next HCAC meetings.

Medical Mutual of Ohio

Stephanie introduced Mike Dylong to the HCAC committee as the new Client Director for YSU. Mike replaced Beth Martin who retired in early September 2023.

Stephanie Mueller provided the committee with new programs that MMO will be implementing to YSU MMO members which includes Bloom Health, Sondermind for behavioral and mental health, Know where to go Health Campaign, Emergency room redirection members mailings, and We Like to Call. Materials will be mailed out to MMO members home to which education and contact information.

The new Weight Watchers information was provided for the September/October campaign. Information will be emailed to benefits eligible employees in the weekly Living Well EMMA.

MMO is offering a new Benefits, Strive Health. This new offer provides highly specialized and comprehensive kidney care team. The program coordinates care for a member experiencing a chronic renal disease. The cost would be to the University ranging from \$200-\$400 per month per participating members. Stephanie was asked to bring additional information to the committee to assist with the conversation.

The COVID-19 National Emergency is ending as of May 12, 2023. MMO will be posting additional information on their MedMutual COVID—19 webpages. Informational fliers to members home addresses and emails will be sent out in the next few weeks.

Fliers were shared with members regarding Find a Provider and Cost Estimate, Fitness Discounts, and WW Promotion Information for May. All fliers are linked on the HCAC website.

Wellness

Battle of the Birds Challenge began with Miami University on September 12 and ending October 10, 2023. This is an annual and for the past 4 years YSU has been the winner.

A new portal for wellness was selected and will be in place for January 2024. The new portal vendor is Medikeeper.

Health Screening will be available October 4 and October 16 from 8am to 3pm. Flu shots will also be available with no appointment necessary. Covid shots will not be available.

The 2023 incentive program will end November 10, 2023, make sure to add all points by 5pm on November 10, 2023.