

HCAC MEETING SUMMARY

March 16, 2023

The February meeting minutes were distributed for review. One change to fourth paragraph under Medical Mutual the word bee replace with be. With the one change, minutes were accepted.

Medical

Dave Barchet from USI presented the monthly financial and utilization reviews to the committee members through February 28, 2023. He provided an executive summary for the past twenty-four months, gross medical and prescription drug claims, large claims summary along with network savings across all MMO plans using the presentation provided by USI.

Mr. Barchet reviewed the cost projections for 7.1.23 by reviewing the actuarial evaluation for the past twenty four months, applying plan design changes that were effective 7.1.22, trend factors, claims fluctuation and estimated stop loss renewal with ASO fees. Using these factors, he estimates that the renewal for 7.1.23 will be between 9-11%. Final calculations will be provided at the April meeting.

Medical Mutual of Ohio

Stephanie Muller from Medical Mutual of Ohio announced that coming in 2023 MMO will be rolling out a campaign to its members called the 2023 Health Campaign. Information will be sent out through mail, email, text and social media to encourage members to take important step to improve their health. Each quarter of the year will focus of different topics, 1st quarter will be preventative health, 2nd quarter will be behavioral health, 3rd quarter will be regarding where to find care and 4th quarter is TBD.

MMO will begin monthly preventative health mailing to members addresses to educate members about recommended screenings based on their age and gender.

Stephanie discussed Lark digital coaching and provided digital information for employees to access (see Power Point).

Wellness

Carrie Clyde provided an update on the Wellness Portal Vendor RFP. A vendor was selected, and we will begin working with them in July to implement the system and prepare the new system for a January 1, 2024 launch. The new vendor is Medikeeper.

Living Well continues to offer a multitude of monthly educational webinars on various topics surrounding well-being.

Living Well will be offering a demo of the new PNC Financial Achievement Center on April 21.

The annual Penguin Movement Revolution walking challenge will be taking place from May 1 – July 10. Registration opens April 10.