

HCAC MEETING SUMMARY

April 20, 2023

The February meeting minutes were distributed for review and accepted with no changes.

Medical

Dave Barchet from USI presented monthly financial and utilization reviews to the committee members through March 31, 2023. He provided an executive summary for the past twenty-four months, gross medical and prescription drug claims, large claims summary along with network savings across all MMO plans.

Dave provided cost projection and underwriting information for the upcoming 7/1/2023 renewal. The final funding rate will be 8.52% with an increase to the stop loss to \$250,000. Dave provided employee contributions per pay and change in employee contribution to help illustrate the upcoming changes.

Medical Mutual of Ohio

Missy Masella from Medical Mutual gave an update to the committee regarding population health management program. MMO offers programs through digital health coaching through Lark for diabetes management, musculoskeletal digital coaching and virtual physical therapy, and SWORD Health program which addresses women's pelvic health issues through physical therapy. These programs are aimed to help employees while also reducing cost of claims.

Stephanie Muller from Medical Mutual of Ohio provided a report of savings through the SaveOn SP program for 2020, 2021, 2022. Total savings for those three years totaled a net savings of \$429,631 for the University.

The COVID-19 National Emergency is ending as of May 12, 2023. MMO will be posting additional information on their MedMutual COVID—19 webpages. Informational fliers to members home addresses and emails will be sent out in the next few weeks.

Fliers were shared with members regarding Find a Provider and Cost Estimate, Fitness Discounts, and WW Promotion Information for May. All fliers are linked on the HCAC website.

Wellness

The annual walking challenge will begin May 1 and ending July 10, 2023. Registration information was sent out to campus last week. Employees must complete the survey in order to register for the challenge.

Carrie Clyde provided an update on the Wellness Portal Vendor RFP. She will begin collaborating with MediKeeper in July to implement the system and prepare the new system for a January 1, 2024, launch.

Carrie is beginning the operational plan for FY24. She uses the annual survey sent out in January to determine the activities and events for the upcoming fiscal year. Employees are strongly encouraged to complete this survey which provides important feedback for the Wellness Program.