

# HCAC MEETING SUMMARY

October 15, 2020

WEBEX

## Health Plan Reporting:

### Medical

Blake Babcock from Findley presented monthly financial and utilization reviews to the committee members through 9/30/2020. He provided an executive summary for the past twenty four months, gross medical and prescription drug claims, large claims summary along with a previous year comparison and demographic data.

Stephanie Muller from Medical Mutual of Ohio gave the benefits fair presentation to the committee members. The presentations provides a network review, plan review, Flexible Spending Account information, Health and Wellness Programs and provided details about Members tools and resources.

### Wellness

Carrie Clyde information to the committee discussing the utilization of the Employee Assistance Program. She will provide a utilization report that provides information about the different services employees are requesting through the EAP.

Carrie continue to utilize the data provided in the Living Well 2020 Wellness Interest Survey that was conducted this spring. Through this survey employees who participated stated that they feel there may be a lack of support for them to participate in wellness programs.

Carrie states, “This is why I have looked long and hard for a worksite wellness expert to help me address this major issue to target our University leaders and supervisors. In order to have healthy, productive and thriving teams, we need these individuals to be role models and advocates for well-being. Additionally, we need to address the issue with our supervisors having to significantly step up with all of the changes/challenges that have recently taken place. It also needs to be addressed that our managers need to take good care of themselves to be the best employee and as focused as possible, while preventing job burnout. Job burnout has been associated with many chronic health conditions and the [World Health Organization recently created an ICD-9 code](#) to address the phenomenon associated with job burnout and mental health in the workplace. As an employer, this issue also is indicative of employee turnover. YSU’s Living Well can offer as many wellness programs as we want, but until we truly address the underlying issues, we will never see any real impactful results.”

Carrie also reviewed the end dates for the incentive programs for 2020.

Meeting adjourned at 3:10pm