

HCAC MEETING SUMMARY

March 18, 2021

WEBEX

Health Plan Reporting:

Medical

Blake Babcock from USI (formerly Findley) presented monthly financial and utilization reviews to the committee members through February 28, 2021. He provided an executive summary for the past twenty-four months, gross medical and prescription drug claims, large claims summary along with network savings across all MMO plans.

Dave Barchet provided preliminary cost projections for the upcoming renewal for 7/1/2021. He provided rate increases beginning from 7/1/2016 through 7/1/2020. Dave reviewed with the committee the methodology used to estimate the 7/1/2021 projections and provided an early estimate of 6.5-8.5% % increase for the 7/1/2021. At the April meeting, the final cost projections will be provided to the committee along with the employee contributions per pay.

Dave and Blake will be conducting a stop loss RFP for an effective date of 7/1/2021. Results will be shared with the committee.

Stephanie Muller from Medical Mutual of Ohio updated the committee on a recent robot calls sent out by Express Scripts to employees who received their first COVID shot. The call was a reminder to schedule a follow up call. This was an error and the calls were stopped. Booster shots are scheduled at the time of the first appointment.

Stephanie provided promotion material for WW (weight watchers reimagines). This material was provided to Carrie Clyde earlier in the day to be posted in the portal.

MMO's chronic condition management program is now partnering with Lark Health members to reduce health risks or manage chronic conditions. Chronic condition are defined as Asthma, heart failure, coronary artery disease, COPD, Diabetes and Hypertension. Employees are encouraged to contact MMO to sign up for this program.

Employee may be receiving fraudulent phone call for Group Health Plan Pharmacy. This is not affiliated with MMO or Express Scripts.

At the request of the HCAC February meeting, Stephanie provided a list of the current programs that YSU is enrolled as cost saving measures for both the employees and the University.

Wellness

Carrie Clyde information to the committee the current status of the RFP for the employee wellness portal. A number of vendors responded and submitted their proposal. The committee will begin to evaluate the information submitted and select the vendor for the next step.

Then Mind You Mental Health Challenge program was completed. It addressed emotional, psychological and social well-being. This will be a 4 week challenge and for those who participate will receive incentive points.

The wellness intern will be creating and promoting Take Steps to a Healthier Future challenge within the next few weeks. The program will encourage employees to use the stairs whenever possibly and can be entered into the portal for incentive points. This program will be a segway into the annual walking challenge and will encourage employee to making it a priority to move. Mari Fitch continues to be creative by offering physical activities in different modalities. She is developing exercise video that will be available on the portal for employees. In addition Carrie purchased exertubes that employee can be used to increase their physical activity. Mari will be interning with wellness through the May.

March is National Nutrition Month. The interns created and are promoting this contest through social media. Employee must create a colorful plate with different foods and explain why they choose the foods on their plate. The plates will be posted on social media and employees will receive incentive points for participation.

YSU's relay for Life will be virtual again this year. It will be held April 12-17. Activities will be held on campus to promote this event.

Carrie is preparing the FY22 operating budget.

Julie Gentile, Director of EOHS, recently sent out a survey to campus to determine involvement in obtaining a COVID-19 shot. Employees are encouraged to complete the survey for her to determine the wants on campus. Julie continue to actively working on obtaining vaccines for campus community.