Personality

Your personality traits reflect how you typically think, feel and act over time and across situations. Your personality can help you understand what kind of work environments allow you to “be who you are,” like a fish swimming with the current instead of against it. Consider your results carefully—the dimensions on which you scored high, the ones on which you scored low, and the ones with mid-range scores. Your personality traits are consistent over time and reflect how you typically think, feel and act. Understanding them will help you find a career path that values you for being you.

1. **Honesty/Humility - high score**

People with scores like this tend to be honest, fair, sincere, modest, and unassuming. Genuineness and contentment probably describes you a lot better than pretentiousness and wealth, and you are likely someone who is rarely tempted to break the rules or manipulate others. Material gain is not much of a motivator for you, and you probably don’t strive for special recognition or elevated social status.

   - **low score**

People with scores like this really enjoy wealth and luxury, and are often willing to flatter other people to gain social status or special recognition. You may come across to others as someone who is sly, extremely confident, and who is not afraid to break the rules to win

2. **Agreeableness - high score**

People probably describe you as cooperative, trusting, good-natured, compassionate, forgiving, and polite. You likely find yourself interested in others’ needs and are probably viewed by others as gentle, peace-loving, and pleasant to be around.

   - **low score**

It probably wouldn’t come as a surprise to you if those around described you as cynical, aggressive, headstrong, and competitive. You probably are someone with strong opinions who is not afraid to share them, who may get angry easily, and who may be critical of others’ shortcomings.

3. **Conscientiousness - high score**

Your whole life you’ve been described as responsible, persevering, organized, disciplined, and determined. When you sit down to accomplish a task, you’re highly focused and well-organized. You have been the favorite among teachers and employers because you are high-achieving and are always looking to improve

   - **low score**

Those around you may describe you as a spontaneous person who is comfortable taking risks.
4. **Openness to Experience - high Score**
You tend to be creative, imaginative, bright, curious, open-minded and witty. Others see you as someone who thrives when creating new plans, tackling complexity, and innovating. You love to paint broad visions of the future, and new possibilities excite you.

- **low score**
People around you would describe you as down-to earth, conventional, practical, and content with the familiar. You thrive as an implementer, not a dreamer, and are always striving for simplicity over complexity. You bring an eye for detail and a grounded perspective to those you work with. People around you value your ability to maintain existing processes and procedures.

5. **Extraversion - high score**
People probably describe you as social, talkative, assertive, adventurous, spunky, and the life of the party. When around others you feel a rush of energy and feed off that interaction.

- **low score**
You are in your element when working by yourself. Others admire you for your introspection and ability to work independently without much contact with other people.

6. **Emotional Stability - high score**
You’re calm, cool, and relaxed. Those around you might be envious of your resilient demeanor and optimism even in the most stressful of times. However, it may be difficult for you to share your emotions and concerns with others.

- **low score**
People with scores like this tend to be anxious, tense, and somewhat easily stressed. It probably wouldn’t shock you if people you know well described you as pessimistic, moody, and sentimental. Even a hint of a stressful situation might put you on edge. You may seek emotional support often and feel the emotions of others deeply.