

## HCAC MEETING SUMMARY

October 17, 2019

### **Attendance:**

Steven Reale is replacing AJ Summel since he is the new OEA president however AJ will remain on the committee as a OEA union representative.

### **Health Plan Reporting:**

Karen Chapman from Delta Dental attended the meeting and provided 2018 executive summary. She reviewed network utilization, claims summary and plan summary. A committee requested of Delta would provide cost information to change bitewing x-rays from two times a year to once a year, change full mouth x-rays from one every three years to once every five years and to add posterior composite fillings. Karen will provide the information to Dave Barchet to present at the next meeting. The committee inquired if it would be possible if more education can be provided to employee about the dental plan. Once it is determine the past avenue for this education more information will b provided.

Dave Barchet from Findley presented monthly financial and utilization reviews to the committee members through September 2019. He also provided updates of large claims starting with the plan year of 7/1/2019. He highlighted various differences hospital usages and potential reason for those difference.

Dave Barchet provided a legislative update regarding the Consumer Driver Health Plan (CDHP). The government recently required employers with a CDHO to continue the embedded feature with the plan, to raise their single deductible to a minimum of \$2,800. The embedded feature requires that only one member of the family meet the single deductible while all other can contribute to the family deductible. YSU determine that this was an important feature of the plan and complied with government regulations.

The IRS also released the 2020 maximum contribution levels for the Health Savings Account. Individual may contribute up to \$3,550 for 2020 up \$50 for 2019 and maximum family contributions to \$7,100 up \$50 from 2019. These new limits will be effective January 1, 2020.

Findley is preparing to release the RFP October 22, 2019 to selected vendors in addition to having it posted on the procurement website. Findley is currently finalizing the questionnaire and exhibits for responding carriers to complete. Updates will be provided at the HCAC meeting

Medical Mutual of Ohio:

Stephanie Mueller provided a formulary update with Express Scripts. At this time there was no YSU impact to employees. However effective 1/1/20 there will be some changes to prescriptions that are have over the counter counterparts. Member will be notified of these changes.

SaveOn program will be adding prescriptions to the program as of 1/1/20. Currently a total of 14 members were identified to be eligible for this program, 11 enrolled and 3 have not responded. Results for the plan will be available the first quarter of 2020. More drugs may be added to the program as MMO continues to review drugs offered to members.

MMO sends out coordination of benefits on a 24 month recertification process for employee. MMO requires that employees complete and return the form. Claims will remain in pending status until the form is returned. After 45 days of a pending status, claim will deny and EOB will be sent to the provider and to the member.

Stephanie continues to reiterate the programs available through MMO such as the Nurse Line, Disease Management and Case Management to continue to help reduce costs for the plan.

**Wellness:**

Carrie Clyde, Wellness Coordinator for YSU, is currently working on the 2020 incentive program. She will be developing new programs with different incentives amounts to help employee meet their needs.

Campus rec will be hosting Wellfest from 8am to 2pm over near the rec area. This is available to employees to walk through.

Carrie will complete her 2<sup>nd</sup> round of health screenings on 10/23 and 10/24. This year physician forms were available for employee who were unable to attend a health screenings. Forms must be submitted by 10/31 to earn incentive points. The incentive program ends November 22, 2019.

Before adjourning Stacey Luce remained the committee the annual Open Enrollment will begin November 1 through November 22. This year YSU will have a new life insurance provider and LTD provider and encouraged everyone to read through the material to take advantage of the opportunities available. She advised the committee that the Health Savings account employer contributions for 2020 will be \$500 for single and \$1,000 for family.

The meeting adjourned at 3:06pm.