



# Start The Year Strong! A wellness group.

## Socializing

To discuss benefits of on-campus socializing as well as positive and negative aspects of college culture.

### Activities

- Mini-Party
  - Personal Collage
  - Games



Monday, October 11th

3p-4p

Beeghly Hall (BCOE) 2324

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<https://ysu.edu/bouncing-back>