Adult CPR/AED Training



Living Well is focusing on health emergency preparedness and response. This is your opportunity to learn more about the lifesaving skills of CPR & AED use.

Program Description

This is an **American Red Cross Blended Learning Course**. Upon completion of the online portion, skills will be reviewed and checked in person. Participants who successfully complete the course will be certified in **Adult CPR and AED for 2 years**. This session will cover performing CPR and using an AED on adult patient, as well as responding to a choking adult. Participants must complete the online blended learning portion prior to the course.

Dates: Thursday, September 12 or Thursday, November 7 (class space is limited)

Time: 12:00PM – 1:00PM

Location: Kilcawley Center – Gallery

Presenter: R.J. Markowitz, Coordinator of Adventure Recreation **To Register:** Log in to the <u>Living Well portal</u> directly *or* access Living Well via single sign on in <u>MyYSU portal</u> (located in *Faculty/Staff* tab under *Employee Resources*).

- Once logged in, go to *Upcoming Events*, click the event of interest on the calendar and *Register*.
- Upon registration, you will need to follow the instructions emailed to you to complete the blended learning prior to the in-person training.

For more information contact Carrie Clyde, Wellness Coordinator, at 330.941.3360 or crclvde@vsu.edu.

