

HCAC MEETING SUMMARY

February 16, 2023

The October meeting minutes were distributed for review and accepted with no changes.

Medical

Dave Barchet from USI presented the monthly financial and utilization reviews to the committee members through January 31, 2023. He provided an executive summary for the past twenty-four months, gross medical and prescription drug claims, large claims summary along with network savings across all MMO plans using the presentation provided by USI.

Medical Mutual of Ohio

Stephanie Muller from Medical Mutual of Ohio provided additional information on Medical Mutual's national network change. Effective January 1, 2023, MMO will be changing their national network from Aetna Open Choice to Cigna with outreach starting on January 23, 2023. YSU has 43 members that will receive a form of communications regarding the change.

The Federal Government announced the COVID-19 National Emergency & Public Health Emergency will expire on May 11, 2023. Additional information can be found at this link: [What Happens When COVID-19 Emergency Declarations End? Implications for Coverage, Costs, and Access | KFF](#).

A new drug therapy was recently approved by the FDA, Hemgenix. Patients will require a one-time gene therapy that will be administered as an intravenous infusion in the outpatient setting. Price per one-time dose is \$3.5 million.

Medical Mutual will be kicking off a the Spring Mutual Challenge: food for Thought. This will be a 6-week challenge focused on nutrition habits.

Medical Mutual is again offering WW (Weight Watchers Reimagined). New participants in WW will be provided a Mystery Box for the months of March and April. Marketing materials are available through Carrie Clyde and on the Living Well Portal.

Wellness

Carrie was unable to attend the meeting but provided the following information:

- The 2022 Incentive Campaign concluded on November 11, 2022. A total of \$33,400 was distributed in December to employees who earned one of the levels towards a monetary incentive.
- A total of 38% of benefit eligible employees participated in at least one wellness program initiative within 2022. This is an improvement from 2021 where participation was 30%.

- Living Well, YSU's Employee Wellness Program is currently in the process of conducting an RFP to replace our current wellness portal vendor. We are working with Procurement Services to complete this process and establish a vendor for our next contract period. An update will be shared once a vendor has been selected and confirmed.
- 2023 Living Well Incentive Program kicked off on January 3 and employees can complete activities to accrue points up until November 10, 2023 towards one of 4 levels for a monetary incentive.
- The Wondr Health Weight Loss Program began 2/13/23.
- The first well-being challenge of 2023 will be "Right On the Money." This is a financial education challenge wrapped in a game you play on your desktop or mobile device. It's divided into 2-week rounds called "Money Round" and "Double Your Money Round" where you earn virtual dollars by completing topics most important to you. Registration is live and the challenge takes place Monday, January 30 – Sunday, February 26. Participants that complete the challenge goal of the virtual \$300,000 will receive 100 Living Well Incentive Points and be included in a raffle drawing for one of four \$50 gift cards.
- Living Well will be conducting an interest survey January 30 through February 28 to obtain feedback and collect data in preparation of completion of the FY'24 Wellness Operating Plan.