



## YSU Lactation Room Information

Faculty and staff who are nursing mothers now have the option of using a lactation room. This resource for new mothers is part of the Health Care and Education Reconciliation Act of 2010 (the federal health care reform law) which requires employers to provide nursing mothers with reasonable break time and a dedicated room to express milk for up to one year following the birth of a child. A room must be shielded from view, free from intrusion by co-workers and the public, and cannot be a bathroom.

Use of a lactation room is optional and a nursing mother who has a private office or access to private space may choose to use this space instead of a lactation room. However, a nursing mother who wishes to use a space other than a lactation room should consult with her supervisor in order to insure the availability and privacy of the space.

### Dedicated Lactation Room Locations

To use one of the lactation rooms, you will need to visit the specified contact area for that building to retrieve the room key. **A YSU ID is required for faculty, staff, and students or photo ID for guests/visitors to use the space. The ID will need to be left at the contact area until the key is returned after use.** Rooms are available on a first come first serve basis for approximately 30 minutes.

If you have questions about a specific location, you can use the lactation room contact information below.

- **Beeghly Center, Room 200A** The room will be available during normal operating hours of Andrews Student Recreation and Wellness Center.

6:30am-10:30pm      Monday - Thursday

6:30am-9:00pm      Friday

10:00am-6:00pm      Saturday & Sunday

Please refer to the [Campus Recreation Lactation Room Information](#) or contact Ryan McNicholas at (330) 941-2207.

- **Cushwa Hall, Room 2504** (Dean's Office of Health and Human Services 330-941-3321)

8:00am-5:00pm      Monday-Friday

- **Maag Library, Room 147** (Room access contact Circulation Desk 330-941-3678) The room is located in the lower level of Maag Library. The room will be available during [normal operating hours of Maag Library](#). Please check the library's webpage for changes in hours of operation over breaks and holidays. Each room is supplied with a table, chair and has an electrical outlet. Nursing mothers may use a campus refrigerator available near their department or bring a personal cooler to store milk. Nursing mothers are responsible for providing their own pumps and storage containers.

### Reasonable Break Times:

#### Employee

Employees are permitted to use regular break and lunch times in order to nurse or express milk. Additional reasonable breaks will be permitted as needed. It is the responsibility of the employee to coordinate the need, frequency and duration of time needed with her supervisor in a timely manner.

#### Supervisor

Supervisors should respond in a timely manner to an employee's request for break and lunch times. Supervisors should be flexible with an employee's request for altering break and/or lunch times and, if possible, should allow an employee to make up any time used beyond break or lunch times.

Questions regarding the use and location of lactation rooms and reasonable breaks should be directed to the Human Resources Benefits Office (330) 941-3360 or (330) 941-1322.

