

Y-WELLNESS

A wellness-focused peer discussion group.

THIS WEEK: CREATIVITY FOR EVERYONE!

FEATURING

- Interesting Presentations
- Engaging Discussions
- Applicable Takeaways



MONTHLY THEMES

February - Social Wellness

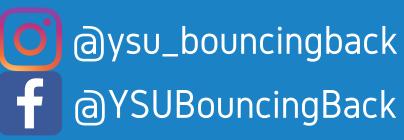
March - Career Wellness

April - Environmental Wellness

May - Spiritual Wellness

WEDNESDAYS

3P-4P BEEGHLY HALL 2423



https://ysu.edu/bouncing-back