



Y-WELLNESS

A wellness-focused peer discussion group.

THIS WEEK: CREATIVITY FOR EVERYONE!

FEATURING

- Interesting Presentations
- Engaging Discussions
- Applicable Takeaways

MONTHLY THEMES

February - Social Wellness
March - Career Wellness
April - Environmental Wellness
May - Spiritual Wellness

WEDNESDAYS

3P-4P

BEEGHLY HALL 2423