



Y-WELLNESS

A wellness-focused peer discussion group.

FEB 9: FRIENDSHIPS, AND DATING, AND ROOMMATES, OH MY!

FEATURING

- Interesting Presentations
- Engaging Discussions
- Applicable Takeaways

MONTHLY THEMES

February - Social Wellness
March - Career Wellness
April - Environmental Wellness
May - Spiritual Wellness

WEDNESDAYS

3P-4P

BEEGHLY HALL 2423

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