YSU DIVISION OF STUDENT EXPERIENCE

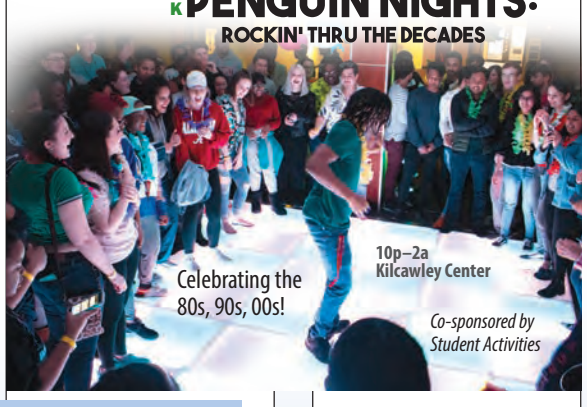
CALENDAR OF EVENTS

SPRING SEMESTER 2020

YOUNGSTOWN STATE UNIVERSITY

Division of Student Experience

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 **B Cafe Happy Hour** BOGO Grande Sized drinks from 2 to close every Thursday and Friday in January (January 2–January 31) **2–6p | Barnes & Noble Cafe** BARNES&NOBLE COLLEGE	3	4
5 **NEW USER ORIENTATION** One of our staff members will show you how to navigate the Rec Center's equipment and facilities. Free t-shirt for participating. **Available any time the Rec Center is open. See ysu.edu/reccenter for hours.**	6 **CR NEW YEAR, NEW YOU!** Try to achieve your exercise goals by utilizing one of these great programs. **PERSONAL TRAINING** Meet with a certified personal trainer to develop a fitness program to reach your exercise goals. Available one on one, partner training, or in small groups. Fees apply. **Available any time the Rec Center is open. See ysu.edu/reccenter for prices and hours.**	7	8	9 **A Men's Basketball vs. Oakland** **7p | Beeghly Center**	10 **SA Student Leadership Retreat** Our Retreat offers an opportunity for student organization leaders to network and learn about the opportunities available to YSU's registered organizations. Advance registration is required. 330-941-3575 **8a–2p | Chestnut Room, Kilcawley Center**	11 **CR SPINNING Certification** This comprehensive workshop will give you all the tools you need to become a certified SPINNING instructor. **8a–5p | SPINNING Studio, Rec Center** **A Men's Basketball vs. Detroit Mercy** **2p | Beeghly Center**
12 **H Residence Halls Open at 10am** **CR Rec Center Open** 1–5p YSU Welcome Back Week 2020 VISION Coming Into Focus...	13 **Spring Semester Begins** **SA Vision Wall** Stop by to envision your goals for the new year. **10a–2p | Lower Arcade, Kilcawley Center** **CR Registered Dietitian Pop Up Station** Come learn about what the Registered Dietitian can do for you! **11a–1p | Lobby, Rec Center**	14 wee care day care **SE Wee Care Day Care Open House** **10a–2p | Wee Care Day Care, Fedor Hall** **CR Club Sports Council Retreat** Members of the Club Sports Council (CSC) will reunite for the first time before the semester begins. **5:30–7:30p | Presidents Suites, Kilcawley Center** **SA Game Night** Make new friends & establish connections with your fellow Penguins! **6–8p | The Cove, Kilcawley Center**	15 **CR Club Sports Resource Fair** This will showcase the variety of Club Sports to discuss on how to get involved! **11a–1p | Cove Hallway, Kilcawley Center** **CR High Ropes Course Open Hours** Staff will be on hand to make sure you safely navigate through our elevated challenge course. **4–6p | High Ropes Course, Rec Center** **SA Movie Night** Come hang & enjoy a night of nostalgia! **8–10p | The Hub, Kilcawley Center**	16 **SA Martin Luther King Observation** Observance of Dr. King and his contributions to the world. **12:30p | Chestnut Room, Kilcawley Center** *Co-sponsors: Vice President, Student Affairs* **CR Rock the Rec** Welcome Back! Rock the night away at this FUN event! FREE FOOD & T-SHIRT **4–7p | Rec Center** ROCK THE REC YOUNGSTOWN STATE UNIVERSITY **SA Afro-Semitic Experience** Live music performance. **6–8p | Chestnut Room, Kilcawley Center** *Co-sponsor: Judaic and Holocaust Studies*	17 **Penguin Awareness Day** **11a–1p | The Cove, Kilcawley Center** *Presented by Spirit & Tradition Committee* **A Track and Field, YSU Invitational** **11a | WATTS** **CR Fresh Route Fridays** Each week, the climbing wall will feature a new fresh route for you to try. **Every Friday during the semester!** **12–8p | Rock Wall, Rec Center**	18 **B Last day for textbook refunds** This is the last day for full refunds on textbooks with your receipt. **10a–6p | Bookstore** **CR New Weekend Hours at the Rec** (Every weekend during the semester) **9a–3p | Saturdays and Sundays** **CR INTRAMURAL INFO TABLES** **January 14, 15, 16, 21, 22, 23, 27,28 10a–2p** Jan 14: Lobby, Rec Center Jan 15, 16, 21,22,23, 27, 28: The Cove, Kilcawley Center
19 **READ. RECREATE. REWARD.** **SCHOLARSHIP OPPORTUNITY** Campus Rec is happy to announce **two new $1,000 scholarships** just for working out with us! This is a twelve-week program where participants will need to be active through Campus Rec at least four days a week for ten of the twelve weeks. This can include swiping into the Andrews Rec Center, participating in a special event, playing intramurals, or participating in club sports. At the end of the program, everyone who has participated will submit a two minute video about how participating in this program has improved their overall well-being. Then two participants will be selected based on their video entry to win a scholarship. The deadline to register is January 24. More information at ysu.edu/reccenter YOUNGSTOWN STATE UNIVERSITY Campus Rec	20 **Martin Luther King Day** University Closed **CR Rec Center Open** 10a–8p	21 **CR Registered Dietitian Pop Up Station** Come learn about what the Registered Dietitian can do for you! **12–2p | Upper Arcade, Kilcawley Center** **CR Full Moon & Frosted Winter Hike** Bundle up and beat cabin fever with a 2 mile hike thru Mill Creek Park. Pre-registration is required for this program. Register at store.reccenter.ysu.edu. **6–8p | Meet at Rec Center, Travel to MCP** **CR Group X Classes Begin** Everything from Yoga to Zumba to Metabolic Acceleration. #workoutwithafriend. **See ysu.edu/reccenter for a full schedule.**	22 **CR Massage Therapy** Available every Wednesday during the semester. Register at store.reccenter.ysu.edu. **11a–4p | Room 200, Beeghly Center** **D Southern Winter Blues** Beat the winter blues with some Southern food! **4–8p | Christman Dining Commons** **CR Nutrition Resolutions** Come learn from a qualified YSU Human Ecology student about proper nutrition. **5:30–6:30p | Lobby, Rec Center** **SA Meet the Greeks** Come to this session to learn about what fraternities and sororities do on a day-to-day basis and find out the meaning behind the letters. **7–9p | Chestnut Room, Kilcawley Center**	23 **CR Self Defense Clinic** Learn how to defend yourself by using some simple techniques. **5–7p | Aerobics Studio, Rec Center** **A Men's Basketball vs. Milwaukee** **7p | Beeghly Center** **SA Sorority Informal Recruitment** Learn more about our individual sororities on campus and the process of becoming a member at YSU. **7–9p | Schwebel Room, Kilcawley Center**	24 **CR College Night Ski, Snowboard or Tube** Night ski, snowboard or tube at Boston Mills. **3:30–11p | Meet at Rec Center, Travel to Boston Mills** **A Women's Basketball vs. Green Bay** **7p | Beeghly Center** *Friday, January 24!* **K PENGUIN NIGHTS: ROCKIN' THRU THE DECADES**  Celebrating the 80s, 90s, 00s! 10p–2a Kilcawley Center *Co-sponsored by Student Activities*	25 **A Men's Basketball vs. Green Bay** **2p | Beeghly Center**
26 **A Women's Basketball vs. Milwaukee** **1p | Beeghly Center** **JANUARY 13 – 31 D SUPERFOOD: OATS** Enjoy this month's superfood in the form of oatmeal **for breakfast** all through January! **Christman Dining Commons**	27 **CR YSU for Recovery Begins** Every other Monday during the semester. A safe space to share your stories about recovery. **12–1p | Hynes Room, Kilcawley Center**	28 **CR Intramural Registration Deadline** Register your team for any Intramural League on imleagues.com. **6p | imleagues.com** **D Super "Chilli" Bowl** Chase the chills away with some delicious chili! **4–8p | Christman Dining Commons** **SA IFC Fraternity 101** Learn about fraternities on campus and the steps to join one of these chapters. **7–8p | Bresnahan 1 & 2, Kilcawley Center** **SA Black Greek 101** Learn the meaning behind the letters including the creation and purpose of Black Greek organizations. Hear how to join one of these chapters. This session is for Non-Greeks only. **7–8:30p | Presidents Suite, Kilcawley Center**	29 **SA Adulting 101** This series teaches some basic life skills that go mostly untaught in classrooms, but are essential to successfully maneuvering grown-up responsibilities. **4–5p | The Cove, Kilcawley Center** **CR American Red Cross Adult CPR/AED with First Aid Option** Participants who successfully complete the course will be certified in Adult CPR and AED for 2 years. Pre-registration is required for this program. **3–4p | Aerobics Studio, Rec Center**	30 **B Clearance Sale** One day sale on all clearance merchandise. **8a–6:30p | Bookstore** **A Men's Basketball vs. UIC** **7p | Beeghly Center**	31 **A Track and Field, YSU National Invitational** **2p | WATTS** **A Men's Tennis vs. Saint Francis (Pa.)** **5p | Tennis Center, Boardman**	**GET THE YSU APP!** EVENTS,NEWS, SERVICES, COURSES, MAPS, MEET STUDENTS & CLASSMATES GET IT ON GOOGLE PLAY OR THE APP STORE.

SA IFC Recruitment Week | Each day the Interfraternity Council fraternities will have an event or activity to help you narrow down your options of which fraternity to join. Check out our website for activities and make sure you register online at www.ysu.edu/greeklife!

SA Organization Fair | Looking for ways to get involved on campus? A Student Organization Fair is a visit you must simply make! Visit one of these fairs and decide which organization is the best fit for you. **11a–1p \| Lower Arcade, Kilcawley Center**

SA Student Activities Welcome Back Week: 2020 Vision Welcome back to campus! Start your semester off right with us. Visit ysu.edu/studentactivities or the YSU App for a full schedule.

YOUNGSTOWN STATE UNIVERSITY Division of Student Experience

KEY
FIND OUT MORE! Contact information for each department available on the back cover.
CR CAMPUS RECREATION | SA STUDENT ACTIVITIES
H HOUSING & RESIDENCE LIFE | K KILCAWLEY CENTER
P PENGUIN PRODUCTIONS | D YSU DINING BY CHARTWELLS
W WICK PRIMARY CARE AT YSU | V VETERANS AFFAIRS
B YSU BARNES & NOBLE | SE DIVISION OF STUDENT EXPERIENCE | F FINANCIAL AID & SCHOLARSHIPS
AD UNDERGRADUATE ADMISSIONS | A ATHLETICS
UC UNIVERSITY COURTYARD APARTMENTS

YSU DIVISION OF STUDENT EXPERIENCE
CALENDAR OF EVENTS | SPRING 2020

FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 **A Women's Tennis vs. Saint Francis (Pa.)** 10a | Tennis Center, Boardman **A Track and Field, YSU National Invitational** 10a | WATTS **SA African Marketplace** A vendor and craft show. 12–3p | Chestnut Room, Kilcawley Center **A Men's Basketball vs. IUPUI** 6p | Beeghly Center
2 **CR Basketball League** This league will have a six-week schedule of regular season games, plus playoff dates. 10:30a | Basketball Courts, Rec Center **A Men's Tennis vs. Butler** Noon | Tennis Center, Boardman	**3** **CR Open Volleyball League** YSU Intramural Volleyball is an opportunity you do not want to pass up. 7p | Basketball Courts, Stambaugh Stadium	**4** **CR Club Sports Council Meeting** Attendees will share and receive updates on all things Club Sports. 5:30p | Hynes Room, Kilcawley Center **CR Arena Football League** Test your football skills in this fast paced high score game! 7p | Basketball Courts, Stambaugh Stadium	**5** **D DIY Series: Mac & Cheese-ology** Create the cheesiest meal of your dreams by making a mac & cheese dish. 4–8p | Christman Dining Commons **SA IFC Fraternity 101** Learn about YSU fraternities and the steps to join one of these chapters. 7–8p | Bresnahan 1 & 2, Kilcawley Center **CR Open Soccer League (Wednesday League)** This league is a 7 on 7 Co-Rec League that never fails to get the competitive juices flowing. 7p | WATTS	**6** **SA Students of Color Academic Recognition Reception** Recognizing the academic achievement of students of color for the previous semester. 5:30–6:30p | Ohio Room, Kilcawley Center **A Women's Basketball vs. Wright State** 7p | Beeghly Center **CR Open Volleyball League** YSU Intramural Volleyball is an opportunity you do not want to pass up. 7p | Basketball Courts, Stambaugh Stadium	**7** **CR Fresh Route Fridays** Each week, the climbing wall will feature a new fresh route for you to try. **Every Friday during the semester!** 12–8p | Rock Wall, Rec Center **A Women's Tennis vs. Duquesne** 6p | Tennis Center, Boardman **P Federal Frenzy Face-Off** Vote for your favorite artist to be guaranteed a spot on the Federal Frenzy lineup. 7–10p | Westside Bowl, 2617 Mahoning Avenue	**8** **CR FAMILY DAY AT THE REC** Fun actvities for kids and adults in this Esports themed event. 9:30a–2:30p | Rec Center **SA Diversity, Equity and Inclusion Workshop** Faculty, staff, students and the public are invited to participate in this training, presented by Dr. Jamie Washington in conjunction with Black History Month. 10a–4p | Chestnut Room, Kilcawley Center *Co-sponsored by the Office of Diversity, Equity and Inclusion* **A Women's Tennis vs. Buffalo** Noon | Tennis Center, Boardman **A Women's Basketball vs. Northern Kentucky**
9 **CR Personal Training** Meet with a certified personal trainer to develop a fitness program to reach your exercise goals. Available one-on-one, partner training, or in small groups. Fees apply. **Available any time the Rec Center is open. See ysu.edu/reccenter for prices and hours.**	**10** **Pete's Birthday** *Presented by Spirit & Tradition Committee*	**11** **B Last Day for Refunds: Dropped Classes** This is the last day to refund books for dropped courses, with your receipt and proof of drop. 8a–6:30p | Bookstore **SA Black Greek 101** Learn the meaning behind the letters including the creation and purpose of Black Greek organizations. Hear how to join one of these chapters. This session is for Non-Greeks only. 7–8:30p | Ohio Room, Kilcawley Center **CR Gaga Pit Drop In** Come play this fast-paced sports that will get you hooked! 7p | Basketball Court D, Rec Center	**12** **SA YSU Students United: Race & Ethnicity** Come join us for a conversation facilitated by YSU students. 4–7p | Chestnut Room, Kilcawley Center **SE Dance Theater of Harlem** Witness a performance by the first permanent black ballet company in the United States and the cultural ambassador for American Dance. Visit ysu.edu/diversity for details. *Co-sponsored by the Cliffe College of Creative Arts and Communication*	**13** **D Galentine's Dinner** Pal around with your friends during this special dinner! 4–8p | Christman Dining Commons	**14** **AD Penguin Preview Day** YSU welcomes high school students and their families to visit campus, explore buildings and classes, talk to professors and students, and learn about our academic programs and campus life. 9a-1p | All Over Campus **SA I ♥ YSU Day** Share the love & show your appreciation for the Penguins who make a difference in your life! 11a–1p | The Cove, Kilcawley Center **CR CPR/AED and First Aid with Your Sweetheart** Participants who successfully complete the course will be certified in Adult CPR and AED for 2 years. Pre-registration is required for this program. 12–1:30p | Rec Center	**15** **A Women's Basketball vs. Cleveland State** 1p | Beeghly Center **SE Penguin Date Night** Safe, quality, and caring child care for your precious children while you enjoy an evening out. Preregister by Friday February 7th. For more information or to register please contact 330-941-2936. 5–10p | Wee Care Day Care *Sponsored by Wee Care Day Care*
16 **GET THE YSU APP!** EVENTS,NEWS, SERVICES, COURSES, MAPS, MEET STUDENTS & CLASSMATES GET IT ON GOOGLE PLAY OR THE APP STORE.	**17** **CR Mini Golf Madness** Putt, putt, go! Come play the crazy world of mini golf on a wacky course and have a wild time! 12–4p | Rec Center, Lobby	**18** **SA Adulting 101** This series teaches some basic life skills that go mostly untaught in classrooms, but are essential to successfully maneuvering grown-up responsibilities. 4–5p | The Cove, Kilcawley Center **CR Retro Game Night** Free food while playing some of your favorite retro video games. Our Club Sports Esports will also be offering some Virtual Reality Stations. 4–7p | Rec Center **D Superfood Tuesday: Whole Grains** Enjoy this month's Superfood for dinner! 4–8p | Christman Dining Commons	**19** **D Grocery Store Bingo** Play bingo for a chance to win some groceries! 4–8p | Christman Dining Commons **CR Improv at the Rec** Come to the Rec to relieve stress and anxiety though the outlet of Improv! 5–7p | Rec Center, Aerobics Studio **CR Applications Due for Job Interviews at The Rec** 5p | Submit online at ysu.edu/reccenter. **SA Order of Omega Scholarship Reception** This event will honor Greek Life members that made the honor roll and have demonstrated academic excellence. The evening will feature dessert and research presentations by Greek Life students. 7–9:30p | Ohio Room, Kilcawley Center	**20** **CR Bench Press Competition** Bench press your body weight in our mini-combine style bench press competition. 12–4p | Rec Center, S&C **CR Billiards Tournament** This double elimination 8-ball tournament is open to all YSU students with a valid YSU ID. 5–7p | The Cove, Kilcawley Center **CR Table Tennis Tournament** A fast-paced action and high-level one-day table Tennis Tournament. 5–7p | The Cove, Kilcawley Center **CR Self Defense Clinic** Learn how to defend yourself by using some simple techniques. 5–7p | Aerobics Studio, Rec Center **A Men's Basketball vs. Wright State** 7p | Beeghly Center	**21** **V Veterans Awareness Training** Training designed to give faculty and staff an understanding of military culture, challenges faced, and resources available for the success of the student veteran population at YSU. Registration required. Lunch provided. 11a–1:30p | Veterans Resource Center **CR Club Sports Olympics** Come try your luck at kickball, dodgeball and cup stacking with our Club Sports members. 2–4p | Rec Center, Basketball Courts **A Women's Basketball vs. Detroit Mercy** 7p | Beeghly Center	**22** **STUDENT ORGANIZATION SPOTLIGHT** **Guinathon** Youngstown State University Dance Marathon YSU's dance marathon brings together YSU students and the Youngstown community to generate support for Akron Children's Hospital Mahoning Valley and Children's Miracle Network Hospitals. Stay tuned for details. **Chestnut Room, Kilcawley Center** **A Men's Basketball vs. Northern Kentucky** 2p | Beeghly Center
23 **A Women's Basketball vs. Oakland** 1p | Beeghly Center	**24** **CR NEDA Week Panelist Open Forum Discussion** Come ask questions and have your voice heard regarding the tough issues surrounding eating disorders. 5–7p | Kilcalwey Center, Presidents Suite	**25** **D Culinary Tour of Rome** Taste the flavors of Rome with this Italian-themed dinner. 4–8p | Christman Dining Commons **CR Pink Gloves Boxing Demo** Come as you are to a Pink Gloves Boxing open-arms community empowerment demo. 5:30–6:30p | Aerobics Studio, Rec Center	**26** **CR Exploring Your Relationship with Food** Peel back the layers on your relationship with food through artistic expression. 5–7p | Presidents Suites	**27** **CR Shop with the Registered Dietitian** In this guided shopping trip, learn to buy healthy, tasty food on a budget. 12–2p | Meet at the Rec Center, Travel to Walmart **SA YOU COUNT!** Learn how your participation in the 2020 Census impacts our future. 12–1p AND 4–5p | Ohio Room, Kilcawley Center	**28** **D Fish Fridays** Fish options will be available every Friday from February 28 until April 10. 4–8p | Christman Dining Commons	**29** **CR YSU Bouldering Competition** Compete and have fun with climbers from other universities on more than 35 climbing routes. Pre-registration is required for this program at store.reccenter.ysu.edu. 10a–5p | Rec Center, Rock Wall **A Track and Field, Horizon League Championships** 3p | WATTS **A Women's Tennis vs. Niagara** Tennis Center, Boardman

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CR OUTDOOR GEAR RENTALS
Camping equipment available for all YSU students. Offered all semester long! See website for details–ysu.edu/reccenter

FEBRUARY IS BLACK HISTORY MONTH
VISIT WWW.YSU.EDU/DIVERSITY FOR EVENTS

DANCE THEATRE OF HARLEM

YOUNGSTOWN STATE UNIVERSITY
Division of Student Experience

CR NIRSA Week *(National Intramural and Recreation Sports Association)* Check out the Campus Rec events for this week.

CR NEDA Week *(National Eating Disorder Awareness)* Check out the Campus Rec events for this week.

YSU DIVISION OF STUDENT EXPERIENCE CALENDAR OF EVENTS | SPRING 2020

MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **A Women's Tennis vs. Eastern Michigan** YSU Tennis Center **A Track and Field, Horizon League Championships** Noon | WATTS **CR Interviews at the Rec** Deadline to apply is February 19 at 5p at ysu.edu/reccenter. 3:30–7:30p | Rec Center	**2** **CR Interviews at the Rec** Deadline to apply is February 19 at 5p at ysu.edu/reccenter 4–8p | Rec Center **CR Save the Ovaries. Period.** Donate your spare change all month long for ovarian cancer research and awareness. Rec Center	**3** **CR Club Sports Council Meeting** Attendees will share and receive updates on all things Club Sports. 5:30p | Hynes Room, Kilcawley Center	**4**	**5** **D DIY Series: Crunch Lab** Create a mix of food for an on-the-go snack. 4–8p | Christman Dining Commons	**6** **SA Annual Student Awards Deadline** The deadline for applications and references for individual student leadership, advisor and organization awards is today! For further information, please contact Student Activities at (330) 941-3575.	**7** **B Bookstore Closed**
8 **B Bookstore Closed**	**9** **CR Spring Break Staycation: Ray's Indoor Bike Park** Ray's is a "fun experience for every level of rider" in an old factory that is an "indoor mountain bike paradise". Pre-registration is required for this program at store.reccenter.ysu.edu. 1–8p | Meet at the Rec Center, Travel to Ray's	**10** **A Baseball vs. Bowling Green** 3p | Eastwood Field	**11** **CR Spring Break Staycation: Learn to Kayak Clinic** Quickstart your kayak workshop in this brief introduction to paddling a kayak. Pre-registration is required for this program at store.reccenter.ysu.edu. 9a–12p | Meet at the Rec Center 	**12** **Faculty & Staff Kickball Tournament** *Presented by Spirit & Tradition Committee*	**13** **B Bookstore Closed** The store will be closed all day for inventory. **CR Spring Break Staycation: Cuyahoga Valley National Park** End spring break with a 4-6 mile moderate hike through CVNP. Trip will go in sun, rain, or snow. Pre-registration is required for this program at store.reccenter.ysu.edu. 10a–4p | Meet at the Rec Center, Travel to CVNP 	**14** **B Bookstore Closed**
15 **B Bookstore Closed** March 16–March 21 **B Smoothie Sale** **$3 Smoothies all week!** 7:30a–6p | Bookstore	**16** **CR Art Therapy Program** Engage in a fun, simple activity that uses artistic expression as a means of stress relief. 5–7p | Lobby, Rec Center *Co-sponsor: Meridian HealthCare* 	**17** **SA St. Patrick's Day** Enjoy traditional Irish music on campus. 11a–1p | The Cove, Kilcawley Center **D St. Patrick's Day Dinner** Come celebrate and enjoy traditional Irish cuisine! 4–8p | Christman Dining Commons **CR Campus Rec Open Soccer Deadline** Deadline to register to play 11 on 11 soccer. 6p | Go to store.reccenter.ysu.edu **CR Hip Hop Off** Come join the Hip Hop Club Sports team and learn some new dance steps to be the most savage person in da' club! 7–9p | Aerobics Studio, Rec Center	**18** **CR Stress Relief Massages** FREE relaxation massages. 12–4p | Meditation Studio, Rec Center **A Baseball vs. St. Bonaventure** 2p | Eastwood Field	**19** **SA Adulting 101** This series teaches some basic life skills that go mostly untaught in classrooms, but are essential to successfully maneuvering grown-up responsibilities. 4–5p | The Cove, Kilcawley Center **CR Health is Wealth** Come learn from a qualified YSU Human Ecology student about proper nutrition. 1–2p | Conference Room, Rec Center **CR Self Defense Clinic** Learn how to defend yourself by using some simple techniques. 5–7p | Aerobics Studio, Rec Center	**20** **V Veterans Awareness Training** Training designed to give faculty and staff an understanding of military culture, challenges faced, and resources available for the success of the student veteran population at YSU. Registration required. Lunch provided. 11a–1:30p | Veterans Resource Center **K Penguin Nights Goes WEST** A boot-scootin' good time with music, grub, cowboy diversions, and everything that is fun about country! 10p–2a | Kilcawley Center *Co-sponsor: Student Activities*	**21** **A Women's Tennis vs. Green Bay** 11a | YSU Tennis Center **A Men's Tennis vs. Green Bay** 3p | YSU Tennis Center
22 **A Women's Tennis vs. Milwaukee** 11a | YSU Tennis Center 	**23** **SA Alex Sheen: Because I Said I Would** *Because I Said I Would* founder Alex Sheen discusses the importance of honoring your promises by telling emotional and inspiring stories that have been shared with him through this movement. 2p | Chestnut Room, Kilcawley Center *Co-Sponsor: Department of Communications*	**24** **A Softball vs. Northern Kentucky (DH)** 3p | YSU Softball Complex **D Superfood Tuesday: Mushrooms** Enjoy this month's Superfood for dinner! 4–8pm | Christman Dining Commons **CR SA Cavs Game vs. Sacramento Kings** Join us as we take the Fox Sports Ohio Bus from campus to Cleveland! Spots are limited, so reserve & purchase your $20 Cavs ticket at store.reccenter.ysu.edu 4-11p | Rocket Mortgage Fieldhouse *Co-sponsors: Campus Recreation, Student Activities & Residence Life* **CR Pickleball Tournament** Double elimination tournament for any YSU Faculty or Student. 7–9p | Stambaugh Stadium, Basketball Courts	**25** **A Softball vs. Northern Kentucky** 2p | YSU Softball Complex **CR American Red Cross Adult CPR/AED with First Aid Option** Participants who successfully complete the course will be certified in Adult CPR and AED for 2 years. Pre-registration is required for this program at store.reccenter.ysu.edu. 3–4p | Aerobics Studio, Rec Center **D Insta Famous Wings** Make sure to post about how good these wings are! 4–8pm | Christman Dining Commons **CR Open Soccer League (Wednesday League)** This league is a 11 on 11 Co-Rec League that never fails to get the competitive juices flowing. 7–11p | Farmer's Field	**26** **CR Outdoor Photo Clinic & Trip** You will be led through a small introduction to outdoor photography followed by a photography hike in Mill Creek Park the following week. Pre-registration is required for this program at store.reccenter.ysu.edu. 4–6p | Lobby, Rec Center **CR Billiards Tournament** This double elimination 8 ball tournament is open to all current YSU students. 5–7p | The Cove, Kilcawley Center **CR Table Tennis Tournament** A fast-paced action and high-level one-day table Tennis Tournament. 5–7p The Cove, Kilcawley Center	**27** **SA Penguin Day of Caring** Sign up to volunteer at various sites at store.reccenter.ysu.edu. 4–7p | Various Sites in Youngstown *Co-Sponsor: Campus Recreation* **A Baseball vs. UIC** 5p | Eastwood Field	**28** **SA Greeks in the Streets** The fraternities and sororities are doing their part by donating their time volunteering to help with a community service project. 7:30a–12:30p | Meet at the Schwebel Room, Kilcawley Center **A Baseball vs. UIC** 3p | Eastwood Field
29 **A Baseball vs. UIC** 12p | Eastwood Field	**30** **P 330 Day** Celebrate local music with The Summit FM! 7–10p | Stambaugh Auditorium	**31** **A Softball vs. Robert Morris (DH)** 3p | YSU Softball Complex **A Baseball vs. Niagara** 5p | Eastwood Field				

MARCH IS WOMEN'S HISTORY MONTH

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Spring Break • Spring Break • Spring Break • Spring Break • Spring Break • Spring Break • Spring Break • Spring Break • Spring Break • Spring Break • Spring Break • Spring Break • Spring Break

CR Women's Health Week Check out the Campus Rec events for this week.

SA YSU Cares Week Visit ysu.edu/studentactivities or the YSU App for a list of opportunities this week.

YOUNGSTOWN STATE UNIVERSITY
Division of Student Experience

YSU DIVISION OF STUDENT EXPERIENCE CALENDAR OF EVENTS | SPRING 2020

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

1

SA Census Day
Shape your future! Stop by for assistance taking the 2020 Census.
10a–2p | Lower Arcade, Kilcawley Center

A Softball vs. Niagara (DH)
3p | YSU Softball Complex

2 CR Outdoor Photo Clinic & Trip
You will be led through a small introduction to outdoor photography followed by a photography hike in Mill Creek Park the following week.
4–6p | Meet at Rec Center, Travel to MCP

STUDENT ORGANIZATION SPOTLIGHT
Alpha Xi Delta Autism Awareness Day
WEAR BLUE!

3 AD YSUccess Program
YSU welcomes high school students for this multicultural recruiting event. Guests will see our campus and learn about campus life and academic programs.
8:30a–12p | Chestnut Room, Kilcawley Center
Co-sponsor: Student Activities Diversity Programs

D Fisherman Feature
Have a meal from the sea with this seafood filled dinner.
4–8pm| Christman Dining Commons

4 Penguin Shopping Day
Safe, quality, and caring child care for your children while you enjoy a day out. Preregister by Friday March 27. For more information or to register please contact 330-941-2936.
9a–3p | Wee Care Day Care
Sponsored by Wee Care Day Care

SA Greek Sing
Greek Sing is the annual song-and-dance event featuring Youngstown State University fraternity and sorority students. The event is open to the public. The 68th annual competition is the culmination of all YSU Greek activities for the academic year and will include group and open class performances.
6–10p | Stambaugh Auditorium

5 A Men's Tennis vs. Duquesne
1p | YSU Tennis Center

6

7 F Student Loan Repayment Workshop
Provides valuable information about student loan repayment plans, loan forgiveness programs, and borrowers rights and responsibilities.
11a–1p | Ohio Room, Kilcawley Center,
Co-sponsor: Sallie Mae

A Softball vs. Toledo (DH)
3p | YSU Softball Complex

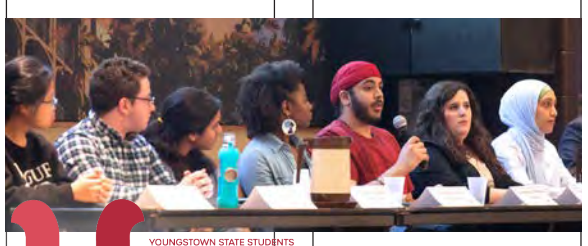
SA Adulting 101
This series teaches some basic life skills that go mostly untaught in classrooms, but are essential to successfully maneuvering grown-up responsibilities.
4–5p | The Cove, Kilcawley Center

CR Club Sports Council Meeting
Attendees will share and receive updates on all things Club Sports.
5:30p | Hynes Room, Kilcawley Center

8 CR American Red Cross Adult CPR/AED with First Aid Option
Participants who successfully complete the course will be certified in Adult CPR and AED for 2 years. Pre-registration is required for this program at store.reccenter.ysu.edu.
3–4p | Aerobics Studio, Rec Center

SA YSU Students United
Come join us for a conversation facilitated by YSU students.
4–7p | Chestnut Room, Kilcawley Center

D Premium Night
Receive a made-to-order steak for $5 extra in flex, Pete's, or cash!
4–8pm | Christman Dining Commons



9 CR 3 on 3 Volleyball Tournament
Come test your skills at this open volleyball tournament. Register at imleagues.com
7p | Basketball Courts, Stambaugh Stadium

10 V Veterans Awareness Training
Training designed to give faculty and staff an understanding of military culture, challenges faced, and resources available for the success of the student veteran population at YSU. Registration required. Lunch provided.
11a–1:30p | Veterans Resource Center

A Women's Tennis vs. Wright State
11a | YSU Tennis Center

A Men's Tennis vs. Wright State
3p | YSU Tennis Center

A Softball vs. Green Bay
3p | YSU Softball Complex

CR American Red Cross Adult And Pediatric First Aid/CPR/AED
Participants who successfully complete the course will be certified in Adult And Pediatric First Aid/CPR/AED.
3–5p | Aerobics Studio, Rec Center

A Baseball vs. Oakland
5p | Eastwood Field

11 A Women's Tennis vs. Northern Kentucky
10a | YSU Tennis Center

A Softball vs. Green Bay (DH)
1p | YSU Softball Complex

A Men's Tennis vs Northern Kentucky
3p | YSU Tennis Center

A Baseball vs. Oakland
3p | Eastwood Field

April 2–30
B CAFE HAPPY HOUR
BOGO Grande Sized drinks from 2p to close every Thursday and Friday in April!
2–6p
BARNES&NOBLE COLLEGE

12 A Baseball vs. Oakland
1p | Eastwood Field

CR Rec Center Open
9a–12p

13

14 D Superfood Tuesday: Kale
Enjoy this month's Superfood for dinner!
4–8p | Christman Dining Commons

CR Solo Cooking
Come learn from a qualified YSU Human Ecology student about proper nutrition. FREE FOOD.
5–6p | Lobby, Rec Center

CR 3 on 3 Basketball Tournament
Get ready to cross over the competition in this one-day 3 on 3 Intramural tournament.
7–9p | Basketball Courts, Stambaugh Stadium

15

YOUNGSTOWN STATE UNIVERSITY
Division of Student Experience

16 CR Cornhole Doubles Tournament
One day Cornhole Tournament.
7–9p | Basketball Courts, Rec Center

17

STUDENT ORGANIZATION SPOTLIGHT
Sigma Chi Roquacade
Join the brothers of Sigma Chi for their fifth annual benefit concert for the Huntsman Cancer Foundation.
5–10p | Suzie's Dogs & Drafts, 34 North Phelps Street, downtown Youngstown

A Softball vs. IUPUI
3p | YSU Softball Complex

18

STUDENT ORGANIZATION SPOTLIGHT
Relay for Life
Relay For Life is the American Cancer Society's signature fundraiser dedicated to helping communities attack cancer.
1–9p | Farmers National Bank Field

A Softball vs. IUPUI (DH)
1p | YSU Softball Complex

19

20 CR Golf FORE Free
Come and get 9 holes FREE and enjoy some FREE food!
2–5p | Henry Stambaugh Golf Course
Co-sponsor: Youngstown Parks & Rec

P Listening Party
Preview the artists and plan your day for FEDERAL FRENZY!
7–9p | Stonefruit Coffee

21 A Baseball vs. Ohio
5p | Eastwood Field

22 CR Outdoor Rec Expo
Adventure Rec is hosting an expo for all things outdoor.
10a–2p | Lobby, Rec Center

D Earth Friendly Dinner
Celebrate Earth Day by joining us for a dinner that will make you and the Earth happy!
4–8pm | Christman Dining Commons

23 World Penguin Day
Presented by Spirit & Tradition Committee

CR Self Defense Clinic
Learn how to defend yourself by using some simple techniques.
5–7p | Aerobics Studio, Rec Center

24 V Military Service Information Session
Information about serving in the military (or ROTC) to include education and non-education benefits provided. Open to entire student population–light refreshments provided.
3–5p | Veterans Resource Center

A Softball vs. Detroit Mercy
3p | YSU Softball Complex

A Baseball vs. Northern Kentucky
5p | Eastwood Field

SA Walk A Mile in Her Shoes
Our Interfraternity Council is sponsoring Walk a Mile in Her Shoes. For the event, men literally walk one mile in women's high-heel shoes to raise awareness in their community about the serious causes and effects of sexual violence and raise money for rape-crisis centers and domestic violence shelters.
6–8p | WATTS

25 A Softball vs. Detroit Mercy
1p | YSU Softball Complex

P FEDERAL FRENZY
2–11p | Downtown Youngstown

A Baseball vs. Northern Kentucky
3p | Eastwood Field

FRIDAY, APRIL 25
DOWNTOWN YOUNGSTOWN
We're closing down the streets & throwing a party for all of Youngstown! Nine hours of live music & good times inside, outside & all around Federal Street.
2–11p
Downtown Youngstown

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GET IT ON GOOGLE PLAY OR THE APP STORE.

26 A Baseball vs. Northern Kentucky
1p | Eastwood Field

27 SA Student Organization Re-Registration Begins
Student organization leaders—keep any eye on your YSU email for more details!

CR Club Sports Banquet
It's Club Sports' biggest night, and we are using it to honor the best and brightest from the world of Club Sports.
4:30–5:30p| Ohio Room, Kilcawley Center

28 A Baseball vs. Pittsburgh
5p | Eastwood Field

CR 2 v 2 Beach Volleyball Tournament
One day Open Volleyball Tournament.
3–6p| Heritage Park

D End of the Year Picnic
Join Housing & Residence Life and Chartwells at Christman for some gourmet food.
4–8pm | Christman Dining Commons

29 B Grad Central
Graduating seniors will have the chance to order personalized graduation announcements, get information on the Graduate College, speak with Financial Aid, and pick up their cap and gown.
9a–6p | YSU Barnes & Noble Bookstore

SE The Guin Photo Shoot
Spring graduates and all students who would like a fresh head shot—come to the photo shoot for The Guin—YSU's yearbook. Professional photographs will be emailed to you.
4pm | Schwebel Room, Kilcawley Center

UC Courtyard Olympic Games Community Picnic
There will be food, entertainment, lots of games and chances to win prizes.
4–6p | Courtyard between buildings

30 SA Grad Cap Decorating
11a–1p
The Cove, Kilcawley Center

SA Student Awards Banquet
This annual event recognizes current students, staff members, and organizations for academic excellence and overall achievement during the academic year. Tickets required.
6–9p | Chestnut Room, Kilcawley Center

Interfraternity Council presents
WALK A MILE IN HER SHOES
Friday, April 24 | 6–8p | WATTS
Five years of raising awareness about sexual violence!

KEY
FIND OUT MORE! Contact information for each department available on the back cover.
CR CAMPUS RECREATION | SA STUDENT ACTIVITIES | H HOUSING & RESIDENCE LIFE
K KILCAWLEY CENTER | P PENGUIN PRODUCTIONS | D YSU DINING BY CHARTWELLS
W WICK PRIMARY CARE AT YSU | V VETERANS SERVICES | B YSU BARNES & NOBLE
SE DIVISION OF STUDENT EXPERIENCE | F FINANCIAL AID & SCHOLARSHIPS
AD UNDERGRADUATE ADMISSIONS | A ATHLETICS | UC UNIVERSITY COURTYARD APARTMENTS

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 A Baseball vs. Wright State 5p | Eastwood Field CR Bouldering and Slacklining at Mill Creek Park Join other climbers to learn some basics of outdoor bouldering at Youngstown's own Mill Creek Park. 3–6p | Meet at Rec Center, Travel to MCP	**2** A Baseball vs. Wright State 3p | Eastwood Field
3 A Baseball vs. Wright State 1p | Eastwood Field CR Rx Drop-Off Box Drop off all your unused medications before you go home for the summer. Syringes, liquid medication, and needles are not permitted. Lobby, YSU Police Station	**4** CR Puppy Palooza & Llamagedon Come relieve some end-of-the-year stress and play with adorable puppies and pet the llamas! 10a–2p | Grassy Area, Rec Center SA 2nd Chance Grad Cap Decorating 8-10p | Lariccia Lounge, Kilcawley Center SE Midnight Breakfast May the Fourth Be With You Join Student Experience for a super special late night breakfast. Yummy, it will be! 10p–12a | Chestnut Room, Kilcawley Center	**5** CR Goat Yoga Don't be BAAASHFUL; come play with the kids in this interactive goat yoga session. 5–6p | Grassy Area, Rec Center	**6** CR Butterfly Feeding Feed the butterflies and de-stress in this fun interactive environment! 10a–2p | Rec Center, Grassy Area	**7** V Spring Veteran Graduate Lunch Lunch and special recognition provided for student veterans graduating this semester. 12–1p | Veterans Resource Center *Co-sponsor: Student Experience*	**8** SA Students of Color Commencement Celebration Event to commemorate the many achievements of YSU's graduating students of color (those who identify as African-American, Latinx, multi-racial, or Asian) 5:30–7:30p | Chestnut Room, Kilcawley Center H Residence Halls Close | 9p	**9** Commencement B Textbook Rentals Due Last day to bring back your Spring rentals. 8a–6pm | Bookstore
10	**11** CR American Red Cross Adult CPR/AED with First Aid Option Participants who successfully complete the course will be certified in Adult CPR and AED for 2 years. 3–4p | Aerobics Studio, Rec Center	**12** A Baseball vs. Kent State 5p | Eastwood Field	**13** CR American Red Cross Adult And Pediatric First Aid/ CPR/AED Participants who successfully complete the course will be certified in Adult And Pediatric First Aid/ CPR/AED. 3–5p | Aerobics Studio, Rec Center	**14** A Baseball vs. Milwaukee 5p | Eastwood Field	**15** A Baseball vs. Milwaukee 12p | Eastwood Field	**16** A Baseball vs. Milwaukee Eastwood Field
17	**18** Summer Classes Begin	**19**	**20** V Reading of the Names Ceremony Ceremony on campus that recognizes YSU-connected staff, faculty and students killed in the service of their country. 11–11:30a | Veterans Plaza *Co-sponsor: Student Experience* V Veterans Appreciation Luncheon Lunch provided in appreciation for various staff, faculty, student and community veterans. 11:45a–1p | Ohio Room, Kilcawley Center *Co-sponsor: Student Experience*	**21**	**22**	**23**
24	**25** Memorial Day YSU Closed	**26**	**27**	**28**	**29**	**30**
31						

SA ANNUAL STUDENT ORGANIZATION RE-REGISTRATION

All student organizations wishing to remain affiliated with the University for the 2020-2021 academic year will need to re-register online through the YSU Portal this month. On April 27 all student organizations will be deactivated. Your group privileges will continue until the end of the semester, but will expire if re-registration does not occur. Student organization leaders—keep an eye on your YSU email for details!

Shown here: members of the YSU Swing Dance Club

Finals Week • Finals Week • Finals Week • Finals Week • Finals Week • Finals Week • Finals Week • Finals Week • Finals Week • Finals Week • Finals Week • Finals Week • Finals Week • Finals Week •

Break Week, no classes

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GET IT ON GOOGLE PLAY OR THE APP STORE.

YSU DIVISION OF STUDENT EXPERIENCE CALENDAR OF EVENTS | SPRING 2020

SAVE THESE DATES FOR FALL SEMESTER 2020!

- **Welcome Week** August 13-22
- **IGNITE** August 14
- **First Day of Classes** August 17
- **Fall Break** October 12 and 13
- **Fall Fire Fest** October 15
- **Homecoming** October 15-17
- **Thanksgiving Break** November 25-29
- **Commencement** December 13

YOUNGSTOWN STATE UNIVERSITY
Division of Student Experience

KEY
FIND OUT MORE! Contact information for each department available on the back cover.
CR CAMPUS RECREATION | SA STUDENT ACTIVITIES | H HOUSING & RESIDENCE LIFE
K KILCAWLEY CENTER | P PENGUIN PRODUCTIONS | D YSU DINING BY CHARTWELLS
W WICK PRIMARY CARE AT YSU | V VETERANS AFFAIRS | B YSU BARNES & NOBLE
SE DIVISION OF STUDENT EXPERIENCE | F FINANCIAL AID & SCHOLARSHIPS
AD UNDERGRADUATE ADMISSIONS | A ATHLETICS | UC UNIVERSITY COURTYARD APARTMENTS

THE DIVISION OF STUDENT EXPERIENCE

Mission STATEMENT

We enhance students' collegiate experience by creating an inclusive environment which cultivates relationships, fosters a sense of belonging, encourages personal growth and responsibility, and strengthens their interpersonal and professional skills.

CORE VALUES

We will help students become their best selves by integrating these core values into the programs and services we offer:

BELONGING: Creating and maintaining connections to the YSU community

INCLUSION: Developing a campus community that fosters and celebrates differences and encourages cultural awareness

INTEGRITY: Aligning one's values and actions, along with a willingness to hold others in the community accountable

AUTONOMY: Encouraging independence through promotion and education of healthy lifestyle choices

RESPECT: Valuing each member's contributions towards our collective successes while treating others how you would like to be treated

PASSION: Helping students identify their passion as well as pursue it appropriately

SERVICE: Creating a sense of institutional pride that encourages community and civic engagement

Youngstown State University does not discriminate on the basis of race, color, national origin, sex, sexual orientation, gender identity and/or expression, disability, age, religion or veteran/military status in its programs or activities. Please visit www.ysu.edu/ada-accessibility for contact information for persons designated to handle questions about this policy.

Our Contact Information

DIVISION OF STUDENT EXPERIENCE Kilcawley House
330-941-3533 | ysu.edu/student-experience
@ysu_penguin_experience

ATHLETICS Stambaugh Stadium Athletics Ticket Office, Room 2036 | 330-941-1978 | ysusports.com
Youngstown State Penguins | @ysusports
@ysusports

YSU BARNES & NOBLE 300 5th Avenue, Youngstown
330-318-3331 | ysubookstore.com | YSU Bookstore
@bncollege

CAMPUS RECREATION Andrews Student Recreation & Wellness Center | 330-941-3488 | ysu.edu/reccenter
YSU Campus Recreation | @YSUCampusRec
@ysucampusrec | *Also, see our IM Leagues app! Get it on Google Play or the App Store.*
YSUCampusRec | YSUCampusRec

YSU DINING BY CHARTWELLS Kilcawley Center, Room 1031 | 330-941-3391 | @ysudining | @YSUDining
dineoncampus.com/YSU | YSUDining

FINANCIAL AID & SCHOLARSHIPS
Meshel Hall, 203 | 330-941-3505 | ysufinaid@ysu.edu
@YSUFinancialAid

HOUSING & RESIDENCE LIFE Kilcawley House
330-941-3547 | housing.ysu.edu
YSU Housing & Residence Life | @YSU_HRL
@ysu_hrl

KILCAWLEY CENTER Kilcawley Center, Kilcawley Staff Office | 330-941-3571 | kc.ysu.edu
YSU Kilcawley Center | @YSUkilcawley
@ysukilcawley

WICK PRIMARY CARE AT YSU
330 Wick Avenue, Youngstown | 330-747-4660
healthclinic.ysu.edu

PENGUIN PRODUCTIONS
Kilcawley Center, Room 2218 | 330-941-3575
ysu.edu/penpro | YSU Penguin Productions
ysupenpro | @ysupenpro

STUDENT ACTIVITIES Kilcawley Center, Room 2218
330-941-3575 | ysu.edu/studentactivities
YSU Student Activities | @YSU_Activities
@ysu_activities

STUDENT CONDUCT
Kilcawley House | 330-941-4704
ysu.edu/student-conduct

STUDENT COUNSELING SERVICES
Kilcawley Center, Second Floor | 330-941-3737
ysu.edu/student-counseling-services

STUDENT OUTREACH & SUPPORT
Kilcawley Center, Second Floor | 330-941-4721
ysu.edu/sos

UNDERGRADUATE ADMISSIONS
877-GO-TO-YSU / 877-468-6978 (toll free)
330-941-2000 (phone) | ysu.edu/admissions
enroll@ysu.edu | @YSUAdmissions

UNIVERSITY COURTYARD APARTMENTS
91 Wick Oval, Youngstown | 330-941-1999
or 888-239-9375 | ucyoungstown.com
University Courtyard Apartments Youngstown
UCYOUNGSTOWN | uc_youngstown

VETERANS AFFAIRS
The Carl A. Nunziato Veterans Resource Center
330-941-2503 | ysu.edu/veterans-affairs
veterans@ysu.edu | YSU Office of Veterans Affairs
YSU Armed Forces Student Association

WEE CARE DAY CARE
Fedor Hall | 330-941-2936 | weecareohio.com
Wee Care Ohio